



ROWING

Camp Hughes (Nadsilnich Lake)

21970 Blackwater Road, Prince George



We respectfully acknowledge the unceded ancestral lands of the Lheidli T'enneh, on whose land we live, work, and play.

Updated July 8, 2022

THURSDAY, JULY 21

Start	End	Event	Location
8:00 AM	8:30 AM	Warm-up	Camp Hughes
8:30 AM		Coaches meeting	Camp Hughes
9:00 AM		Team photos	Camp Hughes
9:30 AM	2:00 PM	Rig and Row	Nadsilnich Lake

FRIDAY, JULY 22

Start	End	Event	Location
7:45 AM	8:30 AM	Warm-up	Nadsilnich Lake
8:30 AM		U17 M2x Time Trial	Nadsilnich Lake
8:40 AM		U17 M1x Time Trial	Nadsilnich Lake
9:20 AM		U17 W2x Time Trial	Nadsilnich Lake
9:30 AM		U17 W1x Time Trial	Nadsilnich Lake
10:10 AM		U19 M2- Time Trial	Nadsilnich Lake
11:00 AM		U19 W2- Time Trial	Nadsilnich Lake
11:30 AM	12:30 PM	Break	Camp Hughes
12:30 PM		U17 M2x Heat 1	Nadsilnich Lake
12:40 PM		U17 M1x Heat 1	Nadsilnich Lake
12:50 PM		U17 M1x Heat 2	Nadsilnich Lake
1:20 PM		U17 W2x Heat 1	Nadsilnich Lake
1:30 PM		U17 W2x Heat 2	Nadsilnich Lake
1:50 PM		U17 W1x Heat 1	Nadsilnich Lake
2:00 PM		U17 W1x Heat 2	Nadsilnich Lake
2:30 PM		U19 M2- Heat 1	Nadsilnich Lake
2:50 PM		U19 M2- Heat 2	Nadsilnich Lake
3:30 PM		U19 W2- Heat 1	Nadsilnich Lake
3:50 PM	4:30 PM	U19 W2- Heat 2	Nadsilnich Lake



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SATURDAY, JULY 23

Start	End	Event	Location
7:45 AM	8:30 AM	Warm-up	Nadsilnich Lake
8:30 AM		U17 M2x Semi-final 1	Nadsilnich Lake
8:40 AM		U17 M1x Semi-final 1	Nadsilnich Lake
8:50 AM		U17 M1x Semi-final 2	Nadsilnich Lake
9:20 AM		U17 W2x Semi-final 1	Nadsilnich Lake
9:30 AM		U17 W2x Semi-final 2	Nadsilnich Lake
9:50 AM		U17 W1x Semi-final 1	Nadsilnich Lake
10:00 AM		U17 W1x Semi-final 2	Nadsilnich Lake
10:30 AM		U19 M2- Semi-final 1	Nadsilnich Lake
10:50 AM		U19 M2- Semi-final 2	Nadsilnich Lake
11:30 AM		U19 W2- Semi-final 1	Nadsilnich Lake
11:50 AM		U19 W2- Semi-final 2	Nadsilnich Lake
12:00 PM	1:00 PM	Break	Camp Hughes
1:00 PM		U17 M2x Final A	Nadsilnich Lake
1:10 PM		U17 M1x Final B	Nadsilnich Lake
1:20 PM		U17 M1x Final A	Nadsilnich Lake
1:40 PM		U17 W2x Final A	Nadsilnich Lake
2:00 PM		U17 W1x Final B	Nadsilnich Lake
2:10 PM		U17 W1x Final A	Nadsilnich Lake
2:20 PM		U19 M2- Final B	Nadsilnich Lake
2:40 PM		U19 M2- Final A	Nadsilnich Lake
3:20 PM	4:00 PM	U19 W2- Final A	Nadsilnich Lake
4:00 PM	4:30 PM	Medal Presentations	



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SUNDAY, JULY 24

Start	End	Event	Location
7:45 AM	8:30 AM	Warm-up	Nadsilnich Lake
8:30 AM		U17 Mix 4x Heat 1	Nadsilnich Lake
9:00 AM		U17 Mix 4x Heat 2	Nadsilnich Lake
9:30 AM		U19 Mix 4x Heat 1	Nadsilnich Lake
10:00 AM		U19 Mix 4x Heat 2	Nadsilnich Lake
10:30 AM		U17 Mix 4x Final A	Nadsilnich Lake
11:00 AM	12:00 PM	U19 Mix 4x Final A	Nadsilnich Lake
12:00 PM	12:30 PM	Medal Presentations	